

Dr. Courtney A. Washington, DO (Dr. Co)

Physician, Medical Educator, & Medical Analyst

Dr. Courtney A. Washington, DO, widely known as Dr. Co, is a board-certified physician, dedicated medical educator, and a trusted Medical Analyst for WDSU News. With a passion for making healthcare accessible, she founded the Ask Dr. Co health education platform to bridge the gap between complex medical science and everyday wellness.

Beyond her clinical practice, Dr. Co serves as a faculty member at Tulane University School of Medicine, where she mentors the next generation of physicians. Her expertise in media and storytelling was highlighted through her role as a medical consultant for the Emmy Award-winning Disney+ series, "The Crossover," ensuring medical accuracy in mainstream media.

Dr. Co is committed to health equity and empowering individuals through evidence-based insights, helping them make informed decisions for a healthier life.